

MONTHLY AVERAGE PRICE REPORT DOC/HMD/02		NAMIBIAN AGRONOMIC BOARD			 NAMIBIAN AGRONOMIC BOARD 1992 Constituted by Act 20 of
		Contact details Telephone: +264 61 379 500 Fax office: +264 61 22 5371 Website: www.nab.com.na	Physical address: Agricultural Boards' Building 30 David Hosea Meroro Road Windhoek	Postal address: PO Box 5096 Ausspannplatz Windhoek	
Effective date:	01 March 2023	Compiled by: Manager: HMD	Approved by: GM: AHMD	Revision no.	01

ISSUE NO: 7/2026

REPORT: MONTHLY AVERAGE PRICES FOR SELECTED VEGETABLES

MONTH: July 2026

Highlights:

It should be considered that:

- Prices contained in this report are based on averages and should be used for guideline purposes only.
- The Average Producers Price highlighted herein excludes transport costs, producer levies, and VAT (Namibia).
- The Wholesale price in this report include Transport costs, Container/packaging fees, NAB general levies, Except VAT.
- Whereas, Windhoek's (WHK) Average Retail Price includes VAT, NAB general levies, and transport costs.
- Republic of South Africa (RSA) Average Import Parity Price (AIPP) is determined based on the daily prices published on the Joburg and Cape Town Fresh Produce Markets websites, and it includes Import VAT, NAB Import and general levies, and transport costs.
- All prices in this report are in Namibian Dollars (N\$).

	MONTH 1st – 30th June 2026				MONTH 1st – 31st July 2026				Change of Direction for Prices			
	Ave. Producers Price	Ave. Wholesale Price	Ave. Retail Price (WHK)	Ave. Import Parity Price (RSA)	Ave. Producers Price	Ave. Wholesale Price (WHK)	Ave. Retail Price (WHK)	Ave. Import Parity Price (RSA)	Ave. Producers Price	Ave. Wholesale Price (WHK)	Ave. Retail Price (WHK)	Ave. Import Parity Price (RSA)
Products/ Containers												
Potato												



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1kg (N\$/kg)	10.00	13.50	26.81	0.00	10.94	14.78	29.26	0.00	▲	▲	▲	-
2kg (N\$/kg)	0.00	0.00	25.74	5.30	0.00	0.00	26.95	5.22	-	-	▲	▼
3kg (N\$/kg)	0.00	0.00	23.75	13.20	0.00	0.00	22.00	12.22	-	-	▼	▼
Baby (N\$/kg)	0.00	0.00	15.07	8.37	0.00	0.00	22.97	12.76	-	-	▲	▲
7kg med (N\$/kg)	7.00	9.45	22.22	6.90	12.00	16.20	15.23	8.03	▲	▲	▼	▲
10kg med	9.00	12.15	16.48	6.24	9.00	12.15	9.00	7.61	▶	▶	▼	▲
10kg large (N\$/kg)	9.50	12.83	17.83	9.91	11.00	14.85	10.00	10.73	▲	▲	▼	▲
Onions												
1kg (N\$/kg)	10.31	13.92	31.95	17.75	10.03	13.54	30.26	14.41	▼	▼	▼	▼
2kg (N\$/kg)	14.50	19.58	29.69	18.37	12.50	16.88	28.15	13.21	▼	▼	▼	▼
3kg (N\$/kg)	12.33	16.65	21.66	15.98	7.00	9.45	21.40	10.94	▼	▼	▼	▼
7kg med (N\$/kg)	0.00	0.00	21.43	12.35	0.00	0.00	18.57	11.80	-	-	▼	▼
10kg med (N\$/kg)	10.50	14.18	18.90	10.24	8.50	11.48	15.30	9.40	▼	▼	▼	▼
10kg sm (N\$/kg)	9.50	12.83	17.10	6.00	0.00	0.00	21.74	12.08	-	-	▲	▲
Loose sell (med)	0.00	0.00	30.14	16.70	12.50	16.88	27.55	15.30	-	-	▼	▼
Tomatoes												



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1kg (N\$/kg)	15.79	21.31	45.43	31.37	14.76	19.93	43.20	17.33	▼	▼	▼	▼
Loose sell (N\$/kg)	0.00	0.00	55.57	31.48	0.00	0.00	54.69	23.02	-	-	▼	▼
Cabbage												
N\$/head (unwrap)	17.48	23.60	31.66	5.73	18.63	25.10	36.24	4.56	▲	▲	▲	▼
Butternut												
1kg (N\$/kg)	6.58	8.89	16.81	0.00	8.40	11.34	16.81	0.00	▲	▲	▶	-
3kg (N\$/kg)	0.00	0.00	12.35	7.54	10.00	13.50	14.66	0.00	-	-	▲	-
7kg(N\$/kg)	8.50	11.48	15.30	4.98	10.00	13.50	18.00	6.40	▲	▲	▲	▲
English Cucumber												
N\$/Fruit	10.00	13.50	20.81	11.55	10.75	14.51	25.98	12.57	▲	▲	▲	▲
Carrots												
1kg(N\$/kg)	12.50	16.88	31.64	16.07	11.70	15.80	30.55	11.81	▼	▼	▼	▼
3kg(N\$/kg)	12.67	17.10	26.79	8.21	12.67	17.10	24.83	12.43	▶	▶	▼	▲
5kg(N\$/kg)	12.00	16.20	12.10	6.72	12.00	16.20	21.60	7.64	▶	▶	▲	▲
10kg (N\$/kg)	0.00	0.00	19.04	10.58	0.00	0.00	15.54	8.64	-	-	▼	▲
Sweet Potato												
1kg (N\$/kg)	14.21	19.18	38.35	7.61	17.17	23.18	36.56	11.40	▲	▲	▼	▲



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Loose kg (N\$/kg)	16.00	21.60	35.98	9.05	16.00	21.60	37.42	8.63	▶	▶	▲	▼
Beetroots												
1kg (N\$/kg)	14.00	18.90	30.57	17.15	9.38	12.66	29.41	11.80	▼	▼	▼	▼
3kg (N\$/kg)	0.00	0.00	20.00	11.11	11.33	15.30	26.16	0.00	-	-	▲	-
5kg(N\$/kg)	0.00	0.00	22.66	12.59	0.00	0.00	14.85	8.25	-	-	▼	▼
10kg (N\$/kg)	0.00	0.00	19.25	10.70	0.00	0.00	20.82	11.57	-	-	▲	▲
Green pepper												
1kg (N\$/kg)	21.56	29.10	45.29	14.24	22.06	29.78	81.24	14.25	▲	▲	▲	▲
Gem Squash												
1kg(N\$/kg)	10.08	13.60	34.95	0.00	10.00	13.50	33.79	0.00	▼	▼	▼	-
2kg (N\$/kg)	0.00	0.00	24.95	13.86	0.00	0.00	24.95	11.86	-	-	▶	▼
3kg(N\$/kg)	0.00	0.00	30.00	16.66	0.00	0.00	26.66	14.81	-	-	▲	▼
Loose sell (N\$/kg)	0.00	0.00	20.97	11.65	0.00	0.00	21.69	12.05	-	-	▲	▲
Pumpkin												
N\$/kg	5.00	6.75	18.95	4.64	6.83	9.23	17.63	6.73	▲	▲	▼	▲
Watermelon												
Small N\$/Fruit									-	-	-	-
MediumN\$/Fruit									-	-	-	-



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Large N\$/Fruit									-	-	-	-
Sweet melon												
N\$/Fruit												
Lettuce (Iceberg)												
N\$/Head	14.33	19.35	30.64	18.39	13.00	17.55	30.43	12.20	▼	▼	▼	▼
Sweetcorn												
N\$ /pack 4s)	24.00	32.40	55.13	31.61	23.00	31.05	60.98	25.33	▼	▼	▲	▼
Red Pepper												
N\$/Kg	34.52	46.60	133.75	14.70	18.70	25.25	139.37	18.73	▼	▼	▲	▲
Yellow Pepper												
N\$/Kg	34.52	46.60	133.75	17.98	18.70	25.25	137.81	19.51	▼	▼	▲	▲
Spinach												
N\$/(500g)	10.00	13.50	24.45	23.37	11.00	14.85	18.96	22.45	▲	▲	▼	▼
Cocktail /cherry /Mini plum												
N\$ /(250g)	18.00	24.30	32.70	19.20	16.00	21.60	31.57	21.00	▼	▼	▼	▲

Key: Price Increase ▲ Price Decrease ▼ No Change in Price ►

E Abraham

Manager: Horticulture Development

31/07/2026

Date Issued



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